

## Overview of themes for PSHCE, SMSC and Assemblies 2021-2022

**SMSC:** spiritual, moral, social and cultural development.

**PSHCE :** Personal, social, health and citizenship education.

<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
Becoming an Active Citizen	Me and My Relationships	Celebrating Difference	Me and My Future	Keeping Myself Safe and Managing Risk	Moving On Transition
Rules and Classroom Responsibilities.	Tolerance and Respect	Chinese New Year	Careers Education	Healthy Choices	Managing Change
Democracy	Say No to Bullying	Five Ways to Wellbeing	Gender Equality	Nutrition, Exercise and Sleep	Year 4: Puberty
School and Eco Council Elections	Online Safety and Cyber Bullying	Me and My Relationships	Fairtrade	Mental Health and Wellbeing	Year 5 and 6: Sex and Relationships Education
Tolerance and Respect	Harvest	Digital Wellbeing	First Aid Training	Economic Wellbeing Enterprise World Workshops	Online Safety
Black History Month	Christmas	Mental Health and Positive Self Image	Tolerance and Respect. Islam and Christianity		Mental Health and Wellbeing
			Class 3: Match Fit with NUFC		
			Class 4: United as One with NUFC		
			Class 4: Bikeability		