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| --- | --- |
| **At School** | **At Home** |
| Hold a door open for someone | Help tidy up in your house |
| Give a friend a compliment | Help your family carry something |
| Volunteer to help in class | Give your family a hug and tell them you love them |
| Invite you friends to play with you | Read your sister or brother a story |
| Make someone laugh – tell them a joke | Leave a happy note for your mum or dad to find |
| Pick up litter if you see it | Make your sisters or brothers bed |
| Talk to someone new today | Leave a treat on your neighbours doorstep |
| Help someone in your class | Make a card for someone |
| Sharpen the pencils | Help make dinner |
| Smile at everyone you pass | Say good morning and goodnight to everyone in your home |
| Draw a picture for someone | Offer to help |

Random Act of Kindness Day

Thursday 17th February

Today is Random Act of Kindness day, here are just some of the ways you can ‘Be Kind’

