

HEALTH...

EYES

Here are some facts you may not know about eyes:

- 1 The average blink lasts for about 1/10th of a second, and we blink about 12 times a minute.
- 2 While it takes some time for most parts of your body to warm up to their full potential, your eyes are working to the best of their ability all the time.
- 3 Seeing is such a big part of everyday life that it requires about half of the brain to get involved.
- 4 Newborns don't produce tears. They make crying sounds, but the tears don't start flowing until they are about 4-13 weeks old.
- 5 Around the world, about 39 million people are blind and roughly 6 times that many have some kind of vision impairment.
- 6 The cells in your eye come in different shapes. Rod-shaped cells allow you to see shapes, and cone-shaped cells allow you to see colour.
- 7 Some people are born with two differently coloured eyes. This condition is heterochromia.
- 8 Out of all the muscles in your body, the muscles that control your eyes are the most active.

SCIENCE...

OMNIVORE, HERBIVORE OR CARNIVORE?



What's and omnivore?

These are animals able to eat plants and animals.

Some omnivores are; apes, seagulls and birds, monkeys and raccoons.



What's and herbivore?

These are animals who eat mainly plants including leaves, grass, flowers, seeds, roots, fruits, bark and pollen.

Some herbivores are; deer, horses, rabbits, cows, bees, sheep and grasshoppers.



What's and carnivore?

These are animals that eat mainly meat. This includes animals and insects.

Some carnivores are lions, tigers and all cats, birds of prey including owls, eagles and hawks, sharks, frogs and spiders.

...WHAT ARE HUMANS?

NEWS HEADLINES...

LOCAL NATIONAL INTERNATIONAL



SPORT RELIEF 2016

Local school kids are set to do something incredible for **Sport Relief**, as they plan to collectively run the length of Israel.

Inspired by Sport Relief celebrity challenges past and present, pupils from Sinai Jewish Primary School in Brent will be going the distance to take on an epic challenge to raise money as 661 pupils from the school will collectively run the length of Israel, a whopping 424km!

"It's an excellent way to bring staff, students and the community together to get active, have fun and raise money for a great cause!"

"Further Tales from Northumberland"

Robson Green visited Battle Bridge Farm, just outside of Alnwick, to film for his latest ITV series about Northumberland. where one of the more unusual sights can be seen from the skies above Northumberland - a collection of 350 combine harvesters.

Robson said: *"It has a unique claim to fame - the largest number of combine harvesters in the country. From the air it is quite a sight. It is known locally as the combine-harvester graveyard. It is a unique monument to agriculture."*



The UK's vote on European Union: All you need to know...

The European Union is a group of countries whose governments work together. It's a bit like a club. To join you have to agree to follow the rules and in return you get certain benefits. Each country has to pay money to be a member. They mostly do this through taxes. The EU uses the money to change the way people live and do business in Europe. Countries join because they think that they will benefit from the changes the EU makes.



What's the referendum about?

There's going to be a big vote in the UK about the European Union. It's called a referendum and everyone in Britain who is registered to vote can take part. People will decide if they want to accept a new EU constitution, that's a set of rules about how the EU is run.

Why are the rules changing?

Most people agree that now the EU has grown from 15 to 25 members it has got too big to make decisions the way it used to. This means the EU must get a new set of rules, or make fewer decisions. There have been a lot of arguments in the UK about whether any changes will be good for this country. A referendum will let ordinary voters have their say.



The Royal Mint are making a series of special coins to celebrate the 150th anniversary of the birth of Beatrix Potter.

Four coins will be made featuring different characters from her stories, and a special collector's 50p coin showing a colour picture of Peter Rabbit will also be released.

The Royal Mint, make all of the UK's money.

INSPIRATIONAL PEOPLE...

ANNIE LEIBOVITZ



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An American photographer who's photographs have amazed and inspired many people.

Annie, aged 66 is best know for her photography, which is also art. She is also well known for her inspiring words and quotes;

"The camera makes you forget you're there. It's not like you are hiding but you forget, you are just looking so much."

I never liked the word 'celebrity'. I just like to photograph people who are good at what they do.

"When I say I'd like to photograph someone, what it really means is that I would like to know them."

One doesn't stop seeing. One doesn't stop framing. It doesn't turn off and turn on, its on all the time.

I still need the camera because its the only reason anyone is talking to me.

"I've said about a million times that the best thing a young photographer can do is to stay close to home. Start with your friends and family, the people who will put up with you. Discover what it means to be close to your work, to be close to a subject. Measure the difference between that and working with someone you don't know as much about."

Of course there are many good photographs that have nothing to do with staying close to home, and I guess what I'm really saying is that you should take pictures of something that has meaning for you..."



5 THINGS...

THE FIRST OF THE MONTH

1. "Pinch, punch..."

According to some, president George Washington met a local Indian tribesman on the first day of each month and at the meeting he would supply fruit punch with an added pinch of salt. This tradition became known as 'pinch and punch on the first of the month'.

2. **"Rabbit rabbit rabbit"** is a superstition found in Great Britain and North America. It states that a person should say the word "rabbit" or "rabbits", or "white rabbits", or some combination of these elements, out loud upon waking on the first day of the month, because doing so will ensure good luck for the duration of that month.

3. Why are there twelve months in the year?

Julius Caesar's astronomers explained the need for 12 months in a year and the addition of a leap year to synchronize with the seasons. At the time, there were only ten months in the calendar while there are just over 12 lunar cycles in a year. The months of January and February were added to the calendar and the original fifth and sixth months were renamed July and August in honour of Julius Caesar and his successor Augustus. These months were both given 31 days to reflect their importance, having been named after Roman leaders.

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4. Why are months named?

January

Named after the Roman god of beginnings and endings Janus.

February

The name comes from the old-Italian god Februus.

March

Is named after the Roman god of war, Mars.

April

Called Aprilis, from aperire, "to open".

Possible because it is the month in which the buds begin to open.

May

The third month of the Roman calendar. The name probably comes from Maesta, the Roman goddess of honour and reverence.

June

The fourth month was named in honour of Juno.

July

It was the month in which Julius Caesar was born, and named Julius in his honour in 44 BCE, the year of his assassination.

August

Augustus - because several fortunate events of his life occurred during this month.

September

The name comes from septem, "seven".

October

The name comes from octo, "eight"

November

The name comes from novem, "nine".

December

The name comes from decem, "ten".

5. The months in Spanish

January **enero**

February **febrero**

March **marzo**

April **abril**

May **mayo**

June **junio**

July **julio**

August **agosto**

September **septiembre**

October **octubre**

November **noviembre**